

SPEAKERS



Dr. Anthony Gilbert

Medical Director Hospice Negeri Sembilan,
Board Member of Malaysian Hospice Council
Consultant ENT/Head & Neck
Columbia Asia Hospital Seremban



Dr. Navin Francis

Palliative Care Specialist & Head Of
Department Palliative and Supportive Care
Department Institut Kanser Negara, Putrajaya



Dr. Anila Perumal

Palliative Care Consultant
Hospital Tuanku Ja'afar Seremban



Dr. Iris Chung

Palliative Medicine Physician
Hospital Tuanku Ja'afar Seremban



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PALLIATIVE CARE SEMINAR V

DATE : 18TH MARCH 2023
TIME : 8.00AM – 4.00PM
VENUE : LECTURE HALL,
PERTUBUHAN HOSPICE
NEGERI SEMBILAN



Introduction

WHO predicts that one in four persons in the developed world will develop cancer even though medical science has made significant progress. About 70% of all patients diagnosed with cancer will eventually die of the disease. This is very troubling fact but nonetheless we have to come to terms with it and be prepared. Health care professionals are so focussed on cure that they sometimes forget that they cannot always cure. Thus, at the same point in time we have to change our focus to care.

Health care professionals will be seeing an increasing number of patients with advanced life limiting illness and must be prepared to offer all reasonable options available to them.

Traditional health care professionals have very little formal training in dealing with patients with life limiting illnesses such as terminal cancer. The importance of communicating difficult information and end of life care has gained more attention in medical practice in recent times. Relieving patients suffering and optimising their quality of life should be high priorities for all health care professionals.

Currently palliative medicine is now being practised in mainstream medicine as its services are now being made available to all tertiary MOH hospitals. MOH has launched the National Palliative care policy and strategic plan 2019-2030. It's a comprehensive and holistic framework moving palliative care a leap forward by providing accessible care to those in need.

The objective of this seminar is to provide health care professionals with formal learning and training sessions in palliative care. This seminar workshops will be conducted by specialists in palliative medicine.

We hope that healthcare professionals will make time and take this opportunity to attend the seminar and enhance their knowledge in palliative care and to put it into clinical practice.

We look forward to welcoming you and thank you in advance for your participation

DR. ANTHONY GILBERT
Medical Director / President
Pertubuhan Hospice Negeri Sembilan

PALLIATIVE CARE SEMINAR V - 18 MARCH 2023 - SCIENTIFIC PROGRAMME

Time	Topic	Speaker
8.am - 8.25am	Registration	
8.25am - 8.30am	Welcome Address Introduction by Chairman Dr. Anthony Gilbert, Medical Director Pertubuhan Hospice Negeri Sembilan	
8.30am - 9.15am	Community and Hospital Palliative Care Services in Negeri Sembilan - Updates	Dr. Anthony Gilbert
9.15am - 9.45am	My Journey & Experiences in Community Palliative Care	Dr. Amanpal Premising
9.45am - 10.00am	COFFEE BREAK	
10.00am - 11.30am	Workshop - Management of Pain and other Common Symptoms	Dr. Anila Perumal Dr. Iris Chung Dr. Navin Francis
11.30am - 1.00pm	Workshop - Communication in Palliative Care	Dr. Anila Perumal Dr. Iris Chung Dr. Navin Francis
1.00pm - 2.00pm	LUNCH BREAK	
2.00pm - 3.30pm	Workshop - End of Life Care	Dr. Anila Perumal Dr. Iris Chung Dr. Navin Francis
3.30pm - 4.00pm	Q & A - TEA & SNACKS	